STREET HYPE

'Community Lifestyle Newspaper'

Vol: 8 No. 08 | WWW.STREETHYPENEWSPAPER.COM | • FREE COPY | APRIL 19-30, 2013

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STREET HYPE/PENN RELAYS PARTNERSHIP:
Publisher Patrick Maitland (r) presents a copy of Street Hype Newspaper to chairman of Friends of the Penn Relays, CK Buddington, during the recent staging of the Penn Relays Carnival which attracts more than 100,000 patrons, 18,000 athletes from more than 1,000 high schools and colleges from the United States and abroad. In partnership with the Friends of Penn Relays, a special "Penn Relays" feature was published in the April 1-18, 2013 edition of newspaper. Buddington said he was impressed with Street Hype as one of the leading newspapers targeting Jamaicans and other Caribbean nationals.
-Divine Diva Photo:

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Remittances Flows Stable at $61 b

By Street Hype Reporters

Remittances to Latin America and the Caribbean (LAC) showed a slight increase in 2012 in relation to the previous year, according to the latest report on remittances by the Multilateral Investment Fund (MIF), a member of the Inter-American Development Bank Group.

The report titled, "Remittances to Latin America and the Caribbean in 2012: Differing Behavior among Sub-regions," said that the region received a total of $61.3 billion in remittances last year. This amount represents a year-on-year increase of $300 million, a 0.6 percent increase from 2011.

After a historic high of nearly $65 billion in 2008, and a 15 percent drop due to the financial crisis in 2009, money transfers to the region have stabilized.

Remittances inflow trends varied among countries in Latin America and the Caribbean. While remittances to South American countries and Mexico declined by 1.1 percent and 1.6 percent, respectively, there was a modest increase to countries in the Caribbean. There was however, a significant increase by 6.5 percent to Central American nations.

Jamaica continues to top the Caribbean in remittances received with $2.03 billion which represents a 0.6 per cent improvement over inflows in 2011. Haiti recorded $1.988b, a decrease of 3.4 percent. Inflows to Guyana stood at $405m, reflecting a one percent increase while those to Trinidad and Tobago were at $129 m, a drop of 1.5 percent.

The report notes that remittance flows continue to represent an important source of foreign inflows in many of the countries in the region, and constitute more than 10 percent of the gross domestic product in several countries, including Haiti, Guyana, Honduras, El Salvador, Nicaragua, Jamaica and Guatemala. These flows also represent an important source of income for the millions of families in the region that use the money coming in to cover basic needs and to invest in education, health, housing, and small businesses.

This increase in monetary inflows helped offset declines in bigger countries, allowing for the region as a whole to end the year with slight growth. "The latest data show that migrants continue to provide critical financial support to millions of households across the region," said MIF General Manager Nancy Lee.

The economic uncertainty and sluggish labor market in Europe continue to affect the amount of money migrants in Spain are able to send back home, while the improvements in the labor market in the United States largely explain increases in remittances to certain countries, particularly in Central America.

The value of the money transferred home in 2012 varied from country to country, depending on exchange rates and inflation levels in each country. In Brazil, for instance, the $1.9 billion sent in 2012 represents a one percent increase in nominal terms with respect to 2011, but when expressed in local currency terms and adjusted for inflation, the amount represents a 12 percent yearly increase. In other countries, the dollars sent home decreased in value once received.

Continued on page 4

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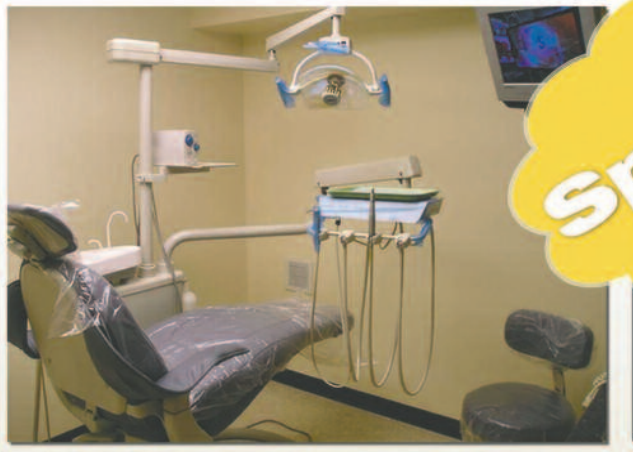

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Editorial

Western Union/Grace Kennedy, Lottery Scam and press freedom

Jamaican national Shaun C. Walsh, Producer/Whatz Up TV was on Monday (April 29) prevented from videotaping a Western Union & Grace Kennedy sponsored community forum on the 'Jamaican Lottery Scam Impact.'

The forum was staged under the auspices of the Consul General of Jamaica, New York and the main speaker was Julian J. Robinson, the Jamaican Minister of State in the Ministry of Science, Technology, Energy and Mining.

The forum invitation listed 'Brand Jamaica–Lottery Scam Impact and Consumer Protection' as the other issues to be discussed.

However, both Andrew Silver of Western Union and Garfield Comrie of Grace Kennedy prevented Walsh from videotaping a public event that seeks to educate the public about the "Jamaican Lottery Scammers."

It is alleged that the money transfer services of Western Union and its Jamaican-based agent, Grace Kennedy Remittance Services Limited, a subsidiary of Grace Kennedy Company Limited, may have facilitated the so-called Jamaican lottery scam, one of the biggest scams targeting seniors and the most vulnerable members of American society.

The Jamaican scammers obtain lists with the names of elderly Americans and their phone numbers.

They then call the seniors, usually pretending to be with an American sweepstakes company, and telling them they've won money. To get the prize, the person just has to pay a fee, which they are told is for processing, or taxes. The money is then transferred and collected at specific Western Union outlets in Jamaica.

However, both the US and Jamaican security forces have been investigating Western Union/Grace Kennedy operations and to-date have not found or charged the companies or their staff with knowingly facilitating or supporting the activities of the Jamaican scammers.

Nevertheless, as the authorities in Jamaica and the US continue to put in place measures to shutdown the scammers, Western Union/Grace Kennedy are on a damage-control drive.

It was a good idea for Western Union and Grace Kennedy to stage such a forum with the support of the Consul General of Jamaica, but it is inappropriate and a form of press censorship to prevent the media from recording the event.

Silver and Comrie told Walsh that only the companies' approved video-recorder would be allowed and promised to supply the video clippings of the forum to him and other interested media houses.

In other words, Western Union & Grace Kennedy are 'vetting,' prohibiting or restricting the information from the forum.

This is not the US "Freedom of the press policy" as protected by the First Amendment under the United States Constitution.

Western Union and Grace Kennedy should tell the public their reasons for restricting press freedom about a criminal activity that hurt several thousand innocent Americans.

The companies may have the right to protect their images but not to restrict the free press in the process.

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patrick@streethype.net

The opinions expressed in this newspaper, except for the above, do not necessarily reflect the views of Street Hype Newspaper and its publishers. Please send your comments and or suggestions to editor@streethypenewspaper.com. Responses should be no longer than 400 words. Not all articles will be published

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Ethic is important for business

Being ethical is important in business, but sadly some in management roles practice unethical behaviors. In the 1970's, Ford rushed its newest model, the Pinto, into production in record time in order to stay competitive.

The problem arose that before production, Ford engineers discovered a major flaw in the Pinto design. In nearly all rear-end crash tests, the Pinto's fuel tank would rupture.

Assembly-line machinery was already tooled when engineers found this defect, Top Ford officials decided to manufacture the car anyway, exploding gas tank and all, even though Ford owned the patent on a much safer gas tank.

Safety was not much a concern to Ford at the time and the potential profit of the Pinto sales. It was suggested that Ford determined from an actuarial analysis that it would cost less to pay for the damages from the crashes than to correct the problem. As has been pointed out in case studies since, Ford's rush of the Pinto from conception to production was a recipe for disaster.

Ethics determine how people should act when faced with a behavioral choice. It also involves the use of a set of principles to determine the way conflicts in values should be resolved.

An underlying assumption of ethics is that it represents a set of rules that should be followed by everyone. Unfortunately because of greed, people will cut corners and/or inform you if they have to make adjustments to the product or service they rendered.

This happens across the board and includes schools, religious organization, etc.

Dr Neva Speaks

neva@nevaalexander.com

If you plan to be a leader, make sure you follow the rules so that you will not be labeled as unethical.

• Dr. Neva Helena Alexander is the author of Females' Guide to Understanding Leadership.

Learn more at www.nevaalexander.com

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NEWS

Girl Commits Suicide

MOUNT VERNON:

Mount Vernon Police Officers responded to an apparent suicide this past Saturday at a south side residence.

At 6:25 PM two officers on patrol on the 700 block of S. 5th Avenue were alerted by an area resident that a female was hanging from a window at a nearby house. The officers responded and learned that 18-year-old DeShawn Neville had apparently hanged herself from a second floor bedroom window.

The officers responded to the bedroom where several neighbors had already brought Neville back inside and were attempting to render aid. The officers performed CPR on her until the arrival of Emergency Medical Service providers. Neville was transported to Mount Vernon Hospital where she was pronounced dead. There are no signs of foul play.

Diabetes Rates Climb In NYC

New numbers are painting a dire picture of the growing diabetes epidemic in New York City, as the Department Of Health is continuing its legal struggle to enact a ban on large sugary drinks. Compiling data from studies done over the last 20 years, the city Department Of Health found that since 1993 diabetes has increased among adult New Yorkers by 150 percent, from 4.2 percent of adults in 1993 to 10.5 percent in 2011.

Remittances Flows Stable at $61b

Continued from page 1

In Colombia remittance values expressed in local currency terms showed an eight percent drop. The Multilateral Investment Fund started analyzing remittances in 2000 to gauge their volume and economic impact in Latin America and the Caribbean.

Its work promoted greater competition among service providers, which led to dramatic reductions in the costs of transferring money to millions of families in the region. Recently, the MIF launched a Remittances and Savings Program, seeking to increase the access and use of formal savings products among remittance sending and receiving households in the region.

-Photo by Linda Berk

RED HAT DAY:
Councilmember Andy King (seated)and Project Director of Bay Eden Senior Center Michelle Parchment (13th l) long with members of the Center who shsowoff their "Red Hat Day" -in celebration of life on Friday (April 26) in the Bronx. King in partnership with JASA Bay Eden Senior center, NYC Department of Aging and the USA Federation of NY sponsored event. "It was a wonderful sight to see over seventy-five seniors, men and women, many of them dressed in red, celbrating life," King noted.

LETTER TO THE EDITOR

Western Union/Grace Kennedy Prevents Videotaping at Jamaican Community Forum

Dear Editor:

I received an email from the Jamaican Consulate inviting Whatz up TV to an event titled, "Jamaica: a Shared Responsibility." The meeting was advertised as a "Jamaica Community Forum" and was hosted by Grace Kennedy/Western Union. The topics to be discussed were Brand Jamaica, Lottery Scam Impact and Consumer Protection.

The meeting was scheduled to be held on Monday, April 29, 2013 at the Lenox Road Baptist Church at 1356 Nostrand Avenue in Brooklyn. Guest speakers were the Hon. Julian J. Robinson M.P (Government of Jamaica), Courtney Campbell, (CEO/GraceKennedy Financial Services) and Dan Canning (Senior Vice President / U.S. Money Transfer The Western Union Company).

After arriving at the venue, I noticed the ground floor of the church was well decorated with black and yellow banners that symbolized the Jamaican brand. I also noticed a photographer with a Western Union shirt and in the middle of the aisle stood a stationary videographer.

When the speaker approached the microphone I began to videotape. About two minutes into taping the event I was approached by Mr. Garfield Comrie, whom I've known for years and whom I respect greatly.

Mr. Comrie has always been supportive of Whatz Up TV and other local community media. To my surprise Mr. Comrie informed me that I was not allowed to video the event because Western Union/Grace Kennedy had their own videographer and they would be willing to give me a copy of video if I needed it.

I explained to Mr. Comrie that because the event was advertised as a community forum, community media like Whatz Up TV should be allowed to record it freely without censorship from the sponsors.

I emphasized to Mr. Comrie that my audience should get an independent account of what took place at the community forum and not an edited version from Western Union/Grace Kennedy. A few seconds after I spoke with Mr. Comrie I was approached by another executive at Western Union, Dan Canning (Senior Vice President U.S Money Transfer/The western Union Company), who informed me that the only video taping allowed was from their camera person and he would be calling me the next day. I immediately packed up my gear and left the meeting.

Like most of the individuals at the forum, I wanted to hear more about what Western Union was doing to combat the lottery scam in Jamaica. I also wanted to question Government Minister Robinson, but instead of being a true community forum, it became a slick public relations move.

In my humble opinion they wanted to censor any negative comments from community members about this matter. Our community sends millions of dollars to family and friends on a yearly basis via Western Union money transfer. It was disappointing to see their attempt to censor the work of community media.

Sadly we continue to support companies that do not respect us. If they did they wouldn't try to censor information at our so-called "Jamaica Community forum."

Freedom of the Press and that's Whatz Up New York.

Peace,
Shaun C. Walsh
Producer/Whatz Up TV
<whatzuptv@yahoo.com>

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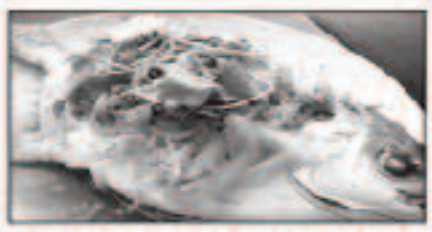

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NEWS

Businessman Pleaded Guilty to Tax Crime

BROOKLYN:

Antonio Morales, a resident of Brooklyn, pleaded guilty on Friday (April 26) in U.S. District Court in the Eastern District of New York, to aiding in the preparation of a false federal tax return, the Justice Department and Internal Revenue Service (IRS) announced.

According to court records and admissions made by the defendant in court, Morales owned T&R Environment Corporation, a Brooklyn-based construction and sanitation business. Morales cashed T&R's business cheques at a cheque casher and falsely informed his return preparer that T&R was an inactive company.

Morales then filed four false corporate income tax returns for tax years 2004 through 2007 that reported no gross receipts for T&R even though T&R generated gross revenue of at least $472,337 during that four-year period. He admitted that his failure to report T&R's gross receipts caused a tax loss to the IRS approximating $160,593.

Morales faces a potential maximum sentence of three years in prison and a maximum fine of $250,000.

A date for sentencing has not yet been set.

The case was investigated by IRS - Criminal Investigation and is being prosecuted by trial attorneys Mark Kotila and Jeffrey Bender of the Justice Department's Tax Division.

THE BIG THREE:
(l-r) Junior Lindo, President-Alltime Printing Corp; Andrea Owen Boyd, Financial Consultant - AXA Advisors, LLC and Robert 'Bob' DeSouza-President/CEO-TransContinental Express Shippers, were acknowledged for their generous support of the annual mega raffle of the Union of Jamaican Alumni Associations (USA), Inc, held on April 6, at the Polish national Club, Hempstead. The grand prize ticket was sold by Practical Learning Center of Brooklyn. Twenty members associations participated this year. Proceeds from the raffle benefit educational projects and programs in Jamaica and the USA.
-Photo by Aubrey Campbell

Former Assemblyman Castro charged with perjury

BRONX:

Bronx District Attorney Robert T. Johnson announced on Wednesday (April 10) the unsealing of an indictment in which former New York State Assemblyman Nelson Castro has been charged with multiple counts of perjury.

The grand jury charged Castro with three counts of Perjury in the first degree stemming from the defendant's sworn testimony on August 7, 2008 at a hearing before the New York City Board of Elections, in Bronx County Supreme Court, Civil Division. Perjury in the first degree is a Class D felony offense punishable by a maximum sentence of up to 2 1/3 to 7 year's imprisonment.

The grand jury alleges that Castro had lied under oath in his response to three separate questions during a civil proceeding concerning his eligibility for placement on the ballot in a primary election for the 86th Assembly District.

In such civil proceeding he was asked whether or not he knew two individuals, and he answered No, when in fact he did know these individuals and they were assisting him in his campaign. In an additional question, he was asked whether or not an individual was a member of the Bronx Committee to Fill Vacancies and he answered that he did not know, when in fact he had personal knowledge that that individual was on said committee.

NELSON CASTRO

Castro, whose resignation as a state lawmaker was effective on Monday, April 8, 2013, was arraigned before Acting State Supreme Court Justice Steven Barrett who released the defendant on his own recognizance.

The case, which is being prosecuted by Assistant District Attorney Elizabeth Brandler of the Rackets Bureau, was adjourned to September 18, 2013 in Part H60.

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CARIBBEAN NEWS

Barbados unveils new tourism initiative

BRIDGETOWN, Barbados --

Barbados will spend $11 million dollars on a new initiative intended to boost its tourism industry. The extraordinary measures outlined in the plan caught the attention of Totally Barbados, which is committed to highlighting the latest developments in the Caribbean island. The program is called "Barbados Island Inclusive Package" and has been announced by the country's tourism minister Richard Sealy. He said the funds allocated to support this initiative will be spent on advertising and promoting Barbados in all of its source markets.

Cuban president's daughter to attend Gay Forum

PHILADELPHIA, USA --

The US State Department has lifted its travel ban on Mariela Castro, the daughter of Cuban President Raul Castro, and has authorized her to visit Philadelphia to participate in Equality Forum 2013, a national and international LGBT civil rights summit with Cuba as the featured nation. Castro accepted being a panelist on the Cuba: Featured Nation Panel and being the recipient of the International Ally for LGBT Equality Award at the International Equality Dinner at Equality Forum 2013.

Earthquake shakes eastern Caribbean

RESTON, USA:

A 5.3-magnitude earthquake, with an epicenter 24 miles west-southwest of Codrington, Barbuda, was felt in several islands in the eastern Caribbean on Tuesday morning, According to the United States Geological Survey (USGS), the quake occurred at approximately 2:56 am local time at a depth of 30.4 miles and was felt the strongest in St Kitts and Nevis and St Eustatius, and to a lesser extent in Antigua and Barbuda, and St Maarten. No reports of damages or injuries have been received.

Warner resigns in wake of CONCACAF report

TRINIDAD EXPRESS:

Prime Minister Kamla Persad-Bissessar last week announced she had "accepted the offer of resignation" of embattled Minister of National Security Jack Warner. Persad-Bissessar named Emmanuel George as the new National Security Minister. George's Works and Infrastructure portfolio was assigned to Suruj Rambachan, in addition to his (Rambachan's) duties as Minister of Local Government. The Prime Minister spoke to the media at her private residence in Phillipine, San Fernando, around 8 p.m. and by that time she had not yet received Warner's resignation. "I have accepted the offer of resignation from Jack Warner as Minister of National Security," Persad-Bissessar said.

Jamaica Gets $2 B From IMF

KINGSTON, JAMAICA:

The Board of the International Monetary Fund (IMF) has approved Jamaica's application for a four-year extended fund facility, worth US$2 billion.

Finance Minister Peter Phillips made the announcement at the start of his budget presentation in Parliament on Wednesday.

Nearly US$1 billion in funding from the IMF, starting with an almost immediate drawdown of US$207 million, will complement just over US$1 billion in funding from both the World Bank and the Inter-American Development Bank, bringing the total loan package to nearly US$2 billion.

In addition, this development will serve to unlock more than US$1 billion of loan support from the World Bank and the Inter-American Development Bank.

The first draw-down from the IMF of more than US$200 million should be completed in the next few days.

The announcement was greeted with prolonged applause and celebration by Government MPs, including Prime Minister Portia Simpson Miller.

PETER PHILLIPS
Jamaican Finance Minister

Phillips said that the Government has authorised the IMF to publish all details of the agreement in order to prevent any misinformation.

A copy of the agreement was also tabled in the House, as well as the Letter of Intent, the Memorandum of Economic and Financial Policies and the Technical Memorandum of Understanding.

Closing the 2013/14 budget debate, which he started on April 18, Phillips said that the signing of the agreement signals a new direction which, in turn, requires a paradigm shift in how the country conducts its business.

"We are not at the end as far as challenges are concerned; neither could it be said that we are at the beginning. At best, we are at the end of the beginning," he stated.

Caribbean economies among the fastest growing in the world

WASHINGTON, April 28, CMC:

The International Monetary Fund (IMF) says the Caribbean and other low-income countries are among the fastest-growing economies in the world, but warn that many remain vulnerable to shocks and spillovers from advanced and emerging markets.

"Low-income countries have worked to develop institutional capacity and build fiscal buffers that they were able to use during the crisis, and now, all the hard work has paid off," said IMF Deputy Managing Director Min Zhu told an IMF seminar.

But he said these economies should take this opportunity to shore up their resilience to potential new shocks if they hope to sustain their current growth momentum.

In the months leading up to the Spring Meetings, the Washington-based financial institution said it had stepped up its work on low-income countries, publishing a comprehensive review of its concessional lending instruments, as well as new research on growth prospects for economies in this category.

Caribbean Airlines to halt job cuts at Jamaica operation

A decision has been made not to carry out further job cuts at Caribbean Airlines' Jamaican operations.

A report in Wednesday's issue of the Trinidad Express newspaper said Minister with responsibility for Caribbean Airlines, Vasant Bharath, has discussed the matter with Dr. Omar Davies, Minister of Transport, Works and Housing. The newspaper reports said CAL was expected to cut 106 jobs at its Jamaican operations.

Bharath said as an interim measure, it has been agreed to keep CAL's call centre in Jamaica, thereby preserving 45 jobs. He explained that CAL's acquisition of Air Jamaica had put financial pressure on the airline and it now had to work on a rationalisation plan moving forward.

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LEGAL ISSUES

US Supreme Court rules in favour of deported Jamaican

The US Supreme Court on Tuesday ruled in favor of a Jamaican who was deported from the United States over possession of a small quantity of marijuana.

The justices said in a 7-2 decision that Adrian Moncrieffe – a long time US resident, should have had the opportunity to contest his deportation.

US Supreme Court Justice - Sonia Sotomayor said in her opinion marijuana offenses must involve either the sale of the drug or possession of more than a small amount to count as serious enough to warrant automatic deportation. Justices Samuel Alito and Clarence Thomas dissented.

Moncrieffe had lived legally in the United States since he was three years old.

In 2008, police pulled him over and found 1.3 grams of marijuana in his car, the equivalent of two or three marijuana cigarettes, Sotomayor said.

He faced the charge of possession of marijuana with an intent to distribute, which, under Georgia law, encompasses a range of conduct from social sharing to distribution of larger amounts.

Moncrieffe accepted a plea with no jail time in which the charge would be expunged if he complied with his probation. However, two years later, immigration agents jailed him and began deportation proceedings, citing the marijuana arrest.

In the government's eyes, Moncrieffe's crime was serious enough to count as an "aggravated felony" and that it fell into a category that made his deportation automatic and deprived even the attorney general of the ability to step in and cancel it.

But Sotomayor said that, under immigration law, a conviction that "fails to establish that the offense involved either remuneration or more than a small amount of marijuana" is not an aggravated felony.

She also dismissed the concern raised by Alito in his dissent that, because about half the states have statutes similar to the one in Georgia, many people convicted of marijuana crimes will avoid deportation because the state laws are not specific enough.

"Escaping aggravated felony treatment does not mean escaping deportation ….It just means that the deportation is not automatic, Sotomayor said.

Thomas wrote that the Georgia law defines the crime as a drug trafficking offense, which should have resolved the case in the government's favor.

Meanwhile, one of the attorneys for Moncrieffe, Angel Arias, told RJR News, that his team will be moving to have the Jamaican returned to the United States, to reverse the deportation order.

"Well the next move that's going to happen is that we have to speak to the US Government to get Mr Moncrieffe back into the US so we can finish deportation proceedings."

He described the US Supreme Court's ruling, as a major decision for immigrants, who face deportation for petty crimes.

"It is a major ruling , I would consider one of the top three rulings on immigration ever, because so many people have been deported from the United States for petty crimes" Arias said. *-Contributed*

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SPORTS

Gayle sets century record

BANGALORE, India:

West Indies opener Chris Gayle has set a new record for the fastest century in the history of professional cricket playing for Royal Challengers Bangalore (RCB) against Pune Warriors in the Indian Premier League (IPL).

In a ruthless attack on the Pune bowlers, Gayle smashed an astonishing ton off just 30 balls, in an innings that included seven dot balls, four singles, eight fours and 11 sixes at the Chinnaswamy Stadium, Bangalore.

Chris Gayle

The thirty-one year old got to his century with a free-hit from medium-pacer Ashok Dinda which went crashing into the roof of the stadium. The Jamaican batsman finished with a world record score of 175 not out that included 13 fours, 17 sixes from 66 balls.

His 30-ball ton record erases the previous 34-ball T20 record set by Australia's Andrew Symonds.

Prize money increase for Wimbledon

LONDON, England (AP):

This year's singles champions at Wimbledon will each receive £1.6 million ($2.4 million) after the All England Club increased overall prize money by a record 40 per cent for the biggest total payout in tennis history.

Wimbledon also announced yesterday that it plans to build a retractable roof on Court Number One in the latest move to combat the rain delays that affected the tournament over the years.

Richard Lewis, Wimbledon chief executive said he wants to prevent players feeling "less satisfied with the compensation that's why we have a track record of investing and we will continue to invest. One of the reasons (players) feel like it's a fantastic event is because we treat them very well."

Serena Williams female single champion 2012

The soaring payout comes amid wider economic problems in Britain which Lewis further stated that "we absolutely understand we are not immune to what's going on in this country, quite the opposite, we fully understand but equally it's important that we invest in the event and we invest based upon the success of the championships.

Plans for Grand Prix in high gear

NEW YORK CITY:

With the adidas Grand Prix in NYC one month away, several track and field athletes in the world have been added to the deep international lineup, organizers announced last week.

Led by 2012 breakout superstar Aries Merritt in the 110-meter hurdles. Others confirmed are:

•Brittney Reese (USA), the 2012 Olympic gold medalist and 2011 World Champion in the long jump who has been ranked #1 in the world for the past four years;

•Fabiana Murer (BRA), the 2011 World Champion in the pole vault, setting up a great matchup with 2012 Olympic gold medalist Jenn Suhr (USA) and rising young star Holly Bleasdale (GBR);

•Morgan Uceny (USA), ranked #1 in the world for 2011 at 1500 meters;

•Christian Cantwell (USA), the 2009 World Champion and 2008 Olympic silver medalist in the shot put who has also won three World Indoor titles.

• Ryan Whiting (USA), the 2012 World Indoor Champion and three-time NCAA titleholder; Stephanie Brown Trafton (USA) vs. Sandra Perković (CRO) in the discus, in a matchup of the past two Olympic gold medalists;

The adidas Grand Prix will kick off the summer on May 25 at Icahn Stadium on Randall's Island.

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JAMAICA'S CALABAR HIGH SCHOOL CELEBRATES WIN AT PENN RELAYS: Jamaica's Minister of Sports Natalie Neita-Headley (r) and Grace Foods' Field Sales Manager, East Coast USA, Shelton Rose (2nd r) pose with winning members of the Calabar High School team and their coach, following their victory in the High School Boys 4x400m Championship Event sponsored by Grace Foods. Calabar High School's Jevon Francis, who anchored the team to a close victory over rivals Munro College, was also named the Penn Relays High School Boy Athlete for Relay Events. The 119th staging of the Penn Relays was hosted by the University of Pennsylvania at Franklin Field in Philadelphia, Pennsylvania, April 25-27.

119th Penn Relays Results

PHILADEDLPHIA:

The United States swept the 4x400 races, part of a four-win day in the 14th installment of the USA vs. The World races in front of 48,871 fans at Franklin Field on Saturday.

The 4x800 relay team of Lea Wallace, Brenda Martinez, Ajee Wilson and Alysia Montano set a new American Record to start the USA vs. The World series, winning in a time of 8:04.31.

The Men's Distance Medley Relays was decided by 0.69 seconds in the favor of Ethipoia over Kenya.

High School Boys' Relays Events

Javon Francis, Calabar

Anchored team to dramatic victory in 4x4 (3:09.22), running fastest split ever for HS Boys of 44.9.

Individual Events

Sean McGorty, Chantily (VA)

Set a meet record in the Mile on Friday with his winning time of 4:04.47, besting two other competitors who were also under the previous meet record.

High School Girls' Relays

Olivia Baker, Columbia (NJ)

Anchored the winning 4x800 relay with a split of 2:09.9 to come from behind. Also clocked a 53.5 in the 4x400 as her team finished fourth.

Individual Events

Gleneve Grange, Holmwood Tech (JAM)

Broke the discus meet record by 10 feet with a throw of 54.29 meters (178-1).

College Men's Events

Casimir Loxsom, Penn State

Ran on two winning relay teams, the 800 leg (1:46.7) of the DMR and the 3rd leg (1:46.27) of the 4x8, the fastest leg of the race.

College Men's Individual

Derek Drouin, Indiana

The Olympic bronze medalist last year, Drouin cleard 7-7 3/4 (2.33m) to break the meet record which had stood since 1976.

College Women's Relay

Emily Lipari, Villanova

Anchored two winning relay teams, the DMR and the 4x800, the latter setting a collegiate record (8:17.45).

College Women's Individual

Shaneika Thomas, San Diego State

The first SDSU athlete to win an event at The Penn Relays, Thomas won the triple jump with a leap of 13.61m (44 feet, 8 inches)

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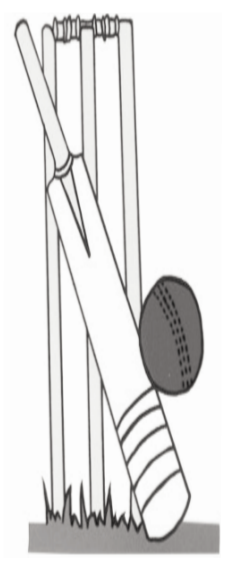

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Mother's Day weekend with Babyface and Guy Live in Concert

It's a special Mother's Day Weekend to remember as Jammins Entertainment presents R&B hit-makers Kenny "Babyface" Edmonds and Guy (Teddy Riley and the Hall Brothers) on Saturday May 11th, 2013 at the landmark venue, The Theater at Madison Square Garden. For one night only these Grammy Award winning, BET Award Honorees, Billboard Chart topping artists will perform hit after hit to their fans. Expect the unexpected, Special Guest appearances and more.

Kenny "Babyface" Edmonds has garnered many titles over the years: a prolific hit maker/producer, superstar recording artist, and revolutionary label owner.

"GUY" was formed in Harlem, NY in 1987. The group consists of: singer-songwriters Teddy Riley who is credited for the formation of Guy, Timmy Gatling and Aaron Hall Lead singer of their hits such as "Groove Me", "I Like" and "Piece of My Love."

www.ticketmaster.com
or 800-745-3000.

Shebada & Max Grant In Scandal

It's going to be an unchained theatrical experience when Irish and Chin's 2nd Annual Memorial Day Theater Weekend takes over NY, NJ & MA with 4 exciting stagings Sat. May 25 - Mon. May 27. Theatergoers will be laughing their socks off literally, when the daringly funny Keith "Shebada" Ramsay and Maxwell "Maama Man' Grant of "Krosses" face off against Garfield "Bad Boy Trevor" Reid and Chistopher "Johnny" Daley of Scandal. Be sure to log on to Irish and Chin's "Caribbean Crack Up"

www.irishandchin.com/theater
718-406-0378

EVERYBODY MOTHERS Day Concert

The EVERYBODY'S Mother's Day Concert will be held at the Brooklyn Center for the Performing Arts, Brooklyn College, Brooklyn on May 11, 2013. The mothers will be serenaded by Lord Relator. For further inforamtion, contact Herman Hall (718) 930-0230 or herman@everybodysmag.com

-Alison Ione photo

GROOVIN IN THE PARK FOR SUNDAY JUNE 30:
(l-r) Joan Lewis, Groovin Inc executive; singer Toots Hibbert; Andrea Bullens, Groovin Inc executive; Anthony Turner, event publicist and Christopher Roberts, Groovin Inc. founder & CEO at the Groovin In The Park event launch, which was held at the Consulate General Jamaica NY in Manhattan recently. The annual concert will be held on Sunday June 30 at Roy Wilkins Park in Queens. For more information on Groovin In The Park including ticket sales, please visit www.groovininthepark.com

Caribbean Jazz Great Returns to Premier NY Jazz Club

CaribPR, NEW YORK, NY:

Birdland Jazz Club will be springing to life this May, as Grammy-nominated artist Monty Alexander and his Grammy-nominated band, The Harlem Kingston Express, returns with their foot-tapping, hip swinging Caribbean infused jazz.

The Jamaican-born, Caribbean-raised jazz great, who recently released his new album and entered his 51st year as a musician, will play New York's premier live music venue, Birdland, at 315 West 44th Street in New York City, from May 7th to 11th at 8:30 and 11 p.m. nightly.

The performance comes as Alexander's new album release "Uplift 2" on the JLP label, sits at #4 on the Jazz charts.

Tickets for Birdland are $30-40 and

can be obtained by logging on here or to http://www.birdlandjazz.com/event/243141-monty-alexander-harlem-new-york. "

Meet Nadine Queen

Nadine Queen is a true, beautiful and talented empress who born in the parish of St. Thomas in the beautiful island of Jamaica WI.

Nadine will perform in the Bronx at a Pre-Monther Days Dinner and Show at Wembley Club on Friday, May 10, 2013

Nadine has always aspired to be a singer. At age 7, with her mother's encouragement Nadine became fascinated with music and began experimenting with singing.

Even then it was evident that, this "little lady" had a huge voice, and she was inspired to forever chase her dreams.

Most people whoever heard the strength in her voice would say, she's a force to be reckoned with.

Being from a rural part of Jamaica Nadine found it a bit challenging at first, to break into the music scene but, anyone who knows she will tell you "I am ambitious, hardworking and persistent."

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DIASPORA AFFAIRS

FIRST AND GOLDEN: Jamaican business leaders (l-r) share a golden moment with Olympic gold medalist Deon Hemmings McCatty (2nd l), during a TJB Honoree ceremonies held recently in Brooklyn. In photo (l-r) Vincent HoSang, CEO, Caribbean Food Delights; Sabrina HoSang, COO, Caribbean Food Delights; Patrick Jolly, president, Tower Isles Frozen Foods and Irwine Clare Founder, Team Jamaica Bckle.
-Photo by Roland Hyde

Caribbean enterprise project struggles to involve diaspora

By Eva Aguilar

An initiative designed to boost innovation in the Caribbean, by linking local entrepreneurs with expatriate experts, has awarded four grants worth US$100,000 but is unlikely to continue past its first year.

Projects from Barbados, Guyana, Haiti and Jamaica were awarded the money, which they will use to help them develop their business proposals in economic sectors such as agriculture, technology, engineering and transport, at a ceremony in Jamaica earlier this year (26 February).

The four winners were chosen out of 12 finalists, each of which received US$10,000.

Four projects have received US$100,000 each to develop business plans. But a lack of data about the diaspora has hampered the initiative.

Such efforts could boost innovation, yet need data to tap into diaspora's expertise

But because the organisers found it hard to reach the Caribbean diaspora, they say that the competition is unlikely to be repeated — at least until there is a database of diaspora that would allow their expertise to be tapped more easily.

The Caribbean Idea Marketplace initiative was launched in March 2012 to forge partnerships on innovative projects with the potential to create jobs and economic opportunities in the region.

The competition was initiated by the International Diaspora Engagement Alliance and managed and funded by Compete Caribbean, a five-year US$40 million programme that seeks to improve competitiveness and economic growth in the region.

Sylvia Dohnert, executive director at Compete Caribbean, tells SciDev.Net that working with the diaspora brings innovation to their countries of origin.

"We liked the idea of entrepreneurs from the Caribbean having access to new technology and new markets through their partnerships with migrants abroad," she says. "We are very pleased with the results of the competition."

In all, 166 projects were entered, most of them from start-ups. Of these, 12 finalists included projects on novel technologies and ideas for farming, waste recycling and mobile banking.

But Dohnert says it was difficult to reach the Caribbean diaspora because of a lack of information about this group and because the marketing costs of targeting potential partners was high.

Dohnert says that countries such as Antigua and Barbuda, the Dominican Republic, Guyana, Haiti, Jamaica and Suriname are working to improve their databases about their diasporas, which would, in theory, enable the competition to be repeated.

But she adds that Compete Caribbean is unlikely to focus again on trying to set up joint ventures between local and migrant entrepreneurs, although members of the diaspora are welcome to participate in the initiative's other regular competitions.

Melissa Siegel, who manages the Migration Studies Programme at the Maastricht Graduate School of Governance, Netherlands, says that collaborations between developing countries and their diasporas can bring benefits such as knowledge transfer and transnational entrepreneurship if the right population abroad is targeted.

"We know that a high proportion of the population that has left the Caribbean is highly skilled, but not every one of them is an entrepreneur," she says.

For Siegel, initiatives looking to forge alliances have to target the most entrepreneurial segment of the migrant population, for example by approaching current business owners to ask whether they will get involved in something similar in their country of origin.

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BUILDING A BRIDGE OF FRIENDSHIP:

Children at Uplands Junior School in Finchfield, Wolverhampton, recently linked up with children at Cacoon Primary School in Hanover, Jamaica, to share their poetry in a book called "Building a Bridge of Friendship" that has proved so popular that it is currently being reprinted. The idea came about when the schools were linked under the "Widening Horizons" project with has been developed by locally based charity JAMAICA 2000, with support from Learning Links International. Yasus Afari, one of Jamaica's leading Dub Poets, provided inspiration for children at both schools leading workshops in Jamaica and in the UK. Aloun Ndombet-Assamba, Jamaica's 12th High Commissioner to the United Kingdom, congratulated children at both schools and said "Poetry enables us see into the worlds of others and tell others of our world, our feelings and our experiences. It is a great achievement to have made the link between the two schools and what better way than to use the poetry written by the children involved sharing something about their lives with each other and creating this wonderful anthology." Yasus Afari will join Liz Millman at Cacoon Primary School on Monday 3rd May to present 100 copies of the poetry book to the school, as keepsakes for local families.

Contact:
Liz Millman, lizmillman@yahoo.co.uk
or Yasus Afari – edutainmentpromo@yahoo.com

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CELEBRATION: CEO of online marketing and web development company, Market Grub Media LLC, Nickay Piper (4th l) celebrates with clients, friends and family at her 26th Birthday event at XVI Rooftop Lounge on April 6 in Manhattan.

Freelance journalist Anthony Turner and Shaggy (r) at Grace Jamaican Jerk Festival press launch held recently in Manhattan

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•11:37AM All Angles
•12:30PM Video Alley
•1:30PM Gospel Rhythms
•5:30PM Granny Rule
•6:00PM Fiwi Choice Top Ten (repeat of Sat. 11pm)
•6:30PM Cabbie Chronicles
•6:37 PM Cover Story (Jamaica News)
•7:00PM Trinidad News
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•11:07PM Comedy Corner
•11:30PM Jamaica Magazine
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(l-r) Luddy Christian, John Hines, Trevor Pringle and Everald Fletcher were captured at the recently held fundraising Party in honor of Christian at Wembley Athletic Club on April 13.

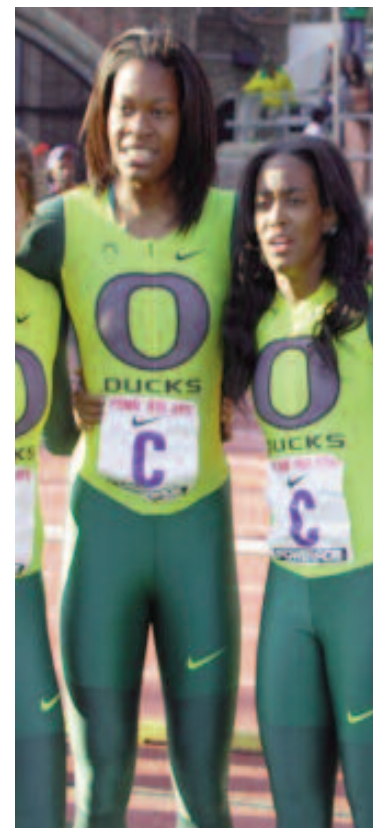
PENN RELAYS CARNIVAL PHOTOS

The 119th staging of the Penn Relays was held at University of Pennsylvania at Franklin Field in Philadelphia, Pennsylvania on April 25-27.

Divine Diva of Street Hype Newspaper (1st l) and chairman of Friends of the Penn Relays, CK Buddington (3rd l) along with representatives from Trinidad and Tobago.

David "Fat Forward" Warren of WB Radio 93.5 FM and Jamaican Olympic champion Donald Quarrie.

Rapping (l-r) Erwin Claire of Team Jamaica Bickle; Sabrina Hosang, COO, Caribbean Food Delight and Jamaican Sports Minister Natalie Neita-Headley.



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The Harmful Effects of Lead

At the age of 6, children are more vulnerable to the harmful effects of lead exposure than at early childhood. It has been long assumed that toddlers are vulnerable to lead exposure and we typically worry about protecting this group; however, recent findings show that we should be even more concerned with school-aged children.

Blood lead concentrations (BPb) at age 6, compared to those at younger ages, are more strongly associated with IQ and the reduction of certain matter in the brain, responsible for planning, complex thinking, and moderating behavior.

Furthermore, children at age 6 who were exposed to lead experienced significantly devastating effects on learning, than those who had more exposure at age 2!

Approximately 310,000 U.S. children age 1-5 years have blood lead levels greater than 10 micrograms per deciliter.

But blood lead levels considerably lower than 10 micrograms per deciliter are also associated with adverse effects. Today the most common sources of lead exposure are lead-based paints in older homes, contaminated soil, household dust, drinking water, lead crystal, and lead-glazed pottery.

Extreme lead exposure can cause a variety of neurological disorders such as lack of muscular coordination, convulsions, and coma. Lower lead levels have been associated with measurable deficits in children's mental development and behavioral problems.

These include hyperactivity, or ADHD, lowered performance on intelligence tests, deficits in motor function, eye-hand coordination, and reaction time.

In adults, chronic lead exposure can result in increased blood pressure, decreased fertility, cataracts, nerve disorders, muscle/joint pain, and problems with memory or concentration.

A simple and inexpensive blood test can determine whether or not a child has a dangerous level of lead in his or her body.

The test can be obtained through a physician, or public health agency. Early identification and treatment of lead poisoning reduces the risk that children will suffer permanent damage.

Treatment begins with removal of the child from the sources of the lead. Medications can safely remove lead from the body.

Dr Karen Gordon is a school psychologist who has had more than 12 years experience working with children and families.

Mount Vernon High School students that have participated in the CAPP program and trainings to participate in the Metropolitan Golf Association 2013 Caddy Training at the Bonnie Briar Country Club in Larchmont.

Mount Vernon Students Attend 2013 Caddie Academy

Mount Vernon:

The Mount Vernon Youth Bureau's Comprehensive Adolescent Pregnancy Prevention (CAPP) Career Center Program sponsored seventeen Mount Vernon High School students to participate in the Metropolitan Golf Association 2013 Caddy Training held on April 11 at the Bonnie Briar Country Club in Larchmont.

Caddie Academies are one-day, after-school programs at participating MGA member clubs produced by the Metropolitan chapter of the Caddie Masters Association to teach caddie candidates the ins and outs of basic caddying fundamentals and proper etiquette expected at Metropolitan Area Golf Courses, Participants who complete the academy receive a certificate and a list of Area Caddie Masters looking to employ caddies for the upcoming season,

"Working as a caddie is a wonderful way for young people to gain exposure to the game and its traditions. Playing with a caddie benefits the golfer on many levels including scholarships," said Shirley Jackson, Career Coordinator for the Mount Vernon Youth Bureau. "These free of charge academies offer our young people an opportunity to learn the fundamentals of caddying."

For more information, contact Shirley Jackson at the CAPP Program (914) 665-5260 or sjackson@mtvernoncsd.org.

Monroe College to host 'School Violence and the Impact on Educators'

A stellar panel of experts on elementary and secondary school education, as well as a retired NYPD police officer, now attorney and the owner of a private personal security firm, will be addressing the issue of random and lethal school violence.

The panel presentation will be hosted by Monroe College, May 9th, starting at 6:00 PM. Firstly, we hope that you will share the attached information with your readers as the event is open to the public although seating is limited.

Secondly, we hope you or one of your colleagues will want to cover this event: as a journalist and perhaps as a parent or spouse of a school teacher.

We promise a lively, unvarnished presentation that will hopefully be the catalyst for not just more talk, but action!

Contact:
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Queens Public School Goes Vegetarian

Queens P.S. 244 in Flushing is now the first public school in the city with an all-vegetarian menu.

Teachers at the Active Learning Elementary School say the meatless menu evolved over time and after consultation with parents.

Officials say P.S. 244 may be the first public school in the nation to go vegetarian.

Third graders gave it rave reviews. "When you're healthy you can do better on tests, and you can fight more diseases," said one student in the cafeteria. "It's green so it can make your eyes better, and it can also help your muscles to become stronger, and it also has a lot of protein, not a lot of sugar," said another student.

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BEAUTY CARE

Laser Hair Removal Versus Waxing

Laser hair removal and waxing are two of the most common and popular hair removal methods today, and many would like to know the pros and cons of each method. Before the two methods can be compared understanding how each method works is important.

The goal in laser hair removal is to permanently reduce hair. The laser hair removal practitioner uses a laser device over the area to be treated. But not all hairs can be targeted at the same time as hair grows in different stages. Several treatments are needed spaced apart by 4-8 weeks.

Almost any area of the face and body can be treated. The treated hairs will shed 10-14 days after treatment where after the client will be smooth for a couple of weeks until another treatment is needed. While laser hair removal is an effective treatment, it is also long term process.

Waxing is an older method of hair removal that dates back many centuries. And it was only a couple of decades ago when women routinely used to make their own wax combining lemon, honey and sugar.

With the introduction of ready-made wax that only needs to be heated, making your own wax was no longer a must. In order to remove hair the wax needs to be spread over the area to be treated. The wax can thereafter be removed as is or with the help of a piece of thin fabric. A successful waxing will leave the skin smooth and hair free for a couple of weeks.

When it comes to the delicate subject of pain, neither laser hair removal nor waxing is usually 100 percent pain free. Both methods can cause great discomfort, especially in sensitive clients.

However, for laser hair removal it is possible to use numbing cream or take painkillers prior to treatment. And during waxing, the first strips are usually the most painful where after the body's natural painkiller, endorphins, will kick in and ease the pain. Pain is individual but many people who have tried both methods feel that the pain from waxing is more intense.

Laser hair removal does not pull the hair out as waxing does, but the hair will fall out on its own. While laser hair removal costs more than waxing, it also permanently reduces hair, which waxing does not. Waxing is temporary and hairs are expected to grow back. In laser hair removal one can usually notice a strong reduction in hair even after just a couple of sessions.

One of the disadvantages to waxing is that it can be messy and that it requires monthly maintenance; hairs also need to be long enough to be waxed. In laser hair removal, shaving of the hairs is fine and does not interfere with treatment.

While both methods have their advantages and disadvantages, laser hair removal is the only one that offers permanent reduction in hair, which makes it a more attractive solution to many people.

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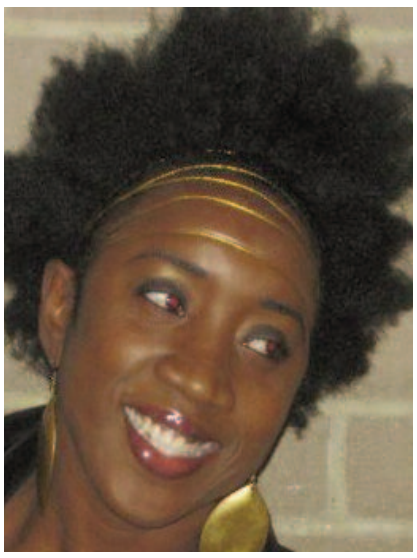

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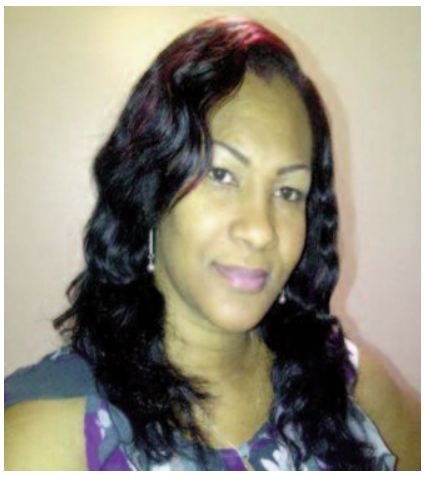

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Community Service Honors For Tower Isles, Axa Advisors, Llc.

By Aubrey Campbell

The prized Community Development Partnership (CODPAR) Award for 2013, will be presented to two individuals whose faces have become synonymous with the corporate image of their companies.

Patrick Jolly, president of Tower Isles (Patties) Frozen Foods, whose philanthropic endeavors knows no bounds, and Andrea Owen Boyd, financial consultant with AXA Advisors, LLC, will accept the signature blue flame, crystal statue, presented by the Comets Club International (CCI), based in Queens.

"Each year, the CCI Executive Committee (EC) searches far and wide for an outstanding individual or organization to be recognized for demonstrating exceptional corporate and community responsibility, with some emphasis on youth development and mentorship",
noted Linda Graham, committee chair.

A benefactor of the several community endeavors, Tower Isles' famous yellow jackets have been helping to keep our student athletes warm when they are not in the heat of competition at the annual Penn Relays Carnival I Philadelphia.

AXA Advisors, LLC have stepped in at the right time, in a significant partnership with the Union of Jamaican Alumni Associations (USA), Inc to recognize and support graduating high school seniors of Jamaican heritage in New York

Herman G. LaMont, Consul General of Jamaica to New York, who has kindly consented to be patron of the event, will present the awards and citations at the club's annual charity dinner on Saturday, May 11, at 9:00 pm at The Z Party Hall, 92-07 172nd Street (Jamaica Aveenue/172nd Street), Jamaica, Queens.

"Our honorees this year continue to demonstrate a willingness to partner with a number of community initiatives despite economic constraints and for that, we salute them on this special occasion," according to Judith Hutchinson, president of CCI.

After taking an entry-level position with what was then a fledging company in 1974, offering beef patties (turn-overs), a Jamaican delicacy, Patrick stayed the course, climbing every rung of the corporate ladder. 39 years later, he is the president and owner of the company, now one of the largest manufacturer of the Jamaican staple in the USA.

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Are You Chasing Him And Don't Even Know It?

If you think you're just being "friendly" by sending him a flirty text or baking him a birthday cake, you could be getting in the way of the kind of courtship you desire.

When we find ourselves falling for a man, it's normal to start feeling that if we don't show enough interest in him he might get the wrong message and drift away. We want to make sure he knows we like him. So we might do things like:

•Calling him because you heard or read about something interesting, or because you knew there was a great band playing somewhere, or someone told you about some great event that you want to invite him to.

•Calling to ask why he hasn't called you.

•E-mailing him, texting him, Facebooking him, sending him a cute card, dropping by his house, or in any way attempting to initiate some kind of contact.

•Asking him how he feels – especially asking him how he feels about you or the relationship.

•Inviting him to come and join you, or in any way acting like the social director of the relationship.

It Pays To Be Patient

I know how frustrating it is to sit back and let a man take the lead. We want a man to know we're interested in him. We want to make it easy for him to ask us out again. We want to seem enthusiastic and easygoing. And often times this means we inadvertently chase him in the ways described above.

It's true that most men need validation as much as we do. But there's a difference between letting a man know you like him and subtly chasing him. When you chase a man, you don't give him the chance to show you how he really feels about you.

And my experience has shown that the only way to really be sure of where his heart is at is by creating the space he needs to pursue you.

Lure Him, Don't Chase Him

For a man to feel like he wants to get closer to you, he needs to feel good around you. And the way he feels good around you is when he pleases you.

As long as you seem happy to see him and tell him how much you enjoy his company, most man will keep coming back for more. Stay in your feminine energy by being receptive and open to his attention. When he sees that you are a woman who is secure in herself and doesn't need to pursue him, he will be encouraged to step up his game so another man doesn't beat him to the chase.

Once you are in a committed relationship with one man, letting him take the lead and continuing to be receptive to him will fuel his passion for you.

He will adore you and appreciate you, and you will be able to relax in the knowledge that you are a desirable creature he'd be a fool to take for granted.

Source: www.eharmony.com

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Husband Remains In The Dark and Frustrated About Wife's Nighttime Visitor

Dear Divine Diva:

I am 30, and my wife, "Monique," is 29. We recently went to my folks' house for supper. That evening a heavy snowstorm was starting and, because the trip home is 30 miles, we decided to stay overnight.

My old bedroom is upstairs, as are the rooms of my brothers, ages 28, 26 and 27.

The guest room is downstairs. Because the room is quite small, and Monique said she felt a cold coming on, we decided I'd sleep in my old room.

The next day, while we were driving home, Monique told me she was glad I had come to her room after all and made love to her. Divine, it wasn't me! She had mistaken one of my brothers for me in the darkness. We are all about the same size and build.

I have talked to each of my brothers (they all know about this), but they won't say who it was for fear of causing a FEUD between the guilty party and me.

I told them that unless I find out who it was, there will be a permanent Family Feud between all of us. (Monique still doesn't know it wasn't me.) How do I handle this?

-Enraged In Westchester

Dear Enraged:

While you and your brothers may have a strong family resemblance, I find it hard to believe that you all smell, taste and make love like clones. So please do not accept as gospel that your wife didn't have an inkling that it wasn't you.

As to who actually crept into her bed in your absence, if your brothers won't reveal who the guilty party is, then they're all equally guilty, and I wouldn't blame you for severing ties with them. and don't think your wife is 100% innocent.

--Always Divine Diva

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HOROSCOPE

ARIES (Mar. 21–Apr. 19): Although you may be feeling quite optimistic, you probably won't want to play by the rules of the game. You have a preferred outcome in your mind's eye and can justify nearly any behavior that brings you closer to your goal.

TAURUS (Apr. 20–May 20): You might have a tough time putting your feelings into words. Don't give up; your determination empowers you to disclose something you normally would keep to yourself. You've been worrying about one particular secret long enough.

GEMINI (May 21–Jun. 20): You could find yourself deeply involved in a conversation about global issues with a coworker. Unfortunately, you might become angry if someone tries to shut you up because of your unpopular position on climate change, the world economy or international politics.

CANCER (Jun. 21 – Jul. 22): Although you might have a wonderful time sharing your feelings with someone special, his or her response could be less enthusiastic than you expect. Everything might seem pleasant enough at first, but be on the lookout for suppressed issues lurking just beneath the surface.

LEO (Jul. 23 – Aug. 22): Although it's wise to explore several possible emotional responses to your current situation, don't fixate on any one of them. It's okay to be uncertain as long as you assume responsibility for your changing moods.

VIRGO (Aug. 23 – Sept. 22): You're often recognized as a hard worker because you typically do what you've promised, but it may be time to let some of your chores slide. Cash in your sick pay and take a wellness day, instead.

LIBRA (Sept. 23 – Oct.22): All types of relationships are highlighted, but some can be a source of extra uncertainty. Be careful when talking about your desires because it may be tempting to step over the line and say something you'll later regret.

SCORPIO (Oct. 23 – Nov. 21): You're simultaneously pulled in different directions now. One part of you needs to hide away from all social obligations and just chill out. But another voice reminds you of how much fun you could have with other people.

SAGITTARIUS (Nov. 22 – Dec.21): Your future appears exceptionally inviting now, which is saying a lot because you are naturally optimistic. But you should be skeptical since your vision can be misleading and you may unwittingly be part of a conspiracy to fool yourself.

CAPRICORN (Dec. 22 – Jan. 19): Although your feet are planted on the ground, you may be sticking your head into the unknown now which could ultimately pull the rug out from under you. You might enjoy the exploration but don't lose your bearings.

AQUARIUS (Jan. 20 – Feb. 18): If anyone comes to you with a grandiose idea, be aware that there are more red flags than you currently see. Ironically, the plan might actually work. However, it still could appear better than it really is.

PISCES (Feb. 19 – Mar. 20): Although you have many chores to finish up today, your fantasies may be more captivating than reality. You could end up disappointed, even if your dreams are fulfilled. However, if you work efficiently and meet your responsibilities quickly, your day can still be as magical as you wish.

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HEALTH & NUTRITION

GLORIA BENT:

Building Health through Creative Community Outreach

By Casey McNerthney
Courtesy of Food & Nutrition Magazine

It was the patients' frustration that seemed so striking to Gloria Bent. The year was 1987 and Bent was working at as a dietetic technician, registered at Albert Einstein Hospital in New York.

Patients had plenty of information about proper nutrition and how to manage their weight. "But they were not enthused," she recalls. "I realized that to lose the weight, you need to do more than just talk about it. You need support."

Bent found creative ways to provide support, bringing people together, and has done so for more than 25 years.

When she noticed many parents had concerns about their children's eating, Bent formed a picky eaters group to help create positive behaviors. She developed the curriculum for the Health Not Cosmetics weight loss and lifestyle modification program, which has been presented at family medicine and dietetics conferences in the U.S. and Canada.

Bent created street health fairs at Grand Avenue Mount Zion Church and Called out Families of God, INC, in the Bronx and at four other churches. At All Nations Tabernacle of Prayer, she developed a faith-based weight management program called AMEN: Attaining Mindful Eating and Nutrition.

People often return to share stories with Bent, who now works as senior public health nutritionist in the North Bronx Healthcare Network. "Just today there was a lady who stopped by and said, 'Ms. Bent, guess what? I'm eating more vegetables,'" she recalls of a woman who showed Bent the spring beans she'd just bought.

A native of Jamaica, West Indies, Bent received a degree from one of Jamaica's most prestigious colleges, then known as the College of Arts, Science and Technology. After coming to the U.S., Bent earned her bachelor's in food and nutrition and a master's degree in nutrition from Lehman College in 1993.

She's raised thousands of dollars for the American Cancer Society. In recognition of her work in creating positive nutrition programs in the community, she received the Okin Family/Rose J. Gilman Award from the 100 Year Association of New York.

One of Bent's most successful efforts has been lunchtime farmers markets, where she shows shoppers how to use produce they buy. Some produce, Bent tells clients, can be purchased with Health Bucks vouchers distributed by the New York City Health Department, and all farmers markets give a $2 credit for every $5 in food stamps spent there.

Bent is now developing a nutrition and exercise program for adolescents called Bronx Activity and Alliance for Nourishing Adolescents (B.A.N.A.N.A.) at the North Central Bronx Hospital, where she has worked since 1990.

Gloria Bent, MS, RD, CDN

She also is part of the weight management/bariatric program at the North Bronx Healthcare Network, and she mentors nutrition, health education and health service administration students at Lehman College and medical students at the Albert Einstein School of Medicine. "I will teach them, mentor them, mold them," Bent says, "so they can keep the torch going when I get old."

• Food & Nutrition Magazine is published by the Academy of Nutrition and Dietetics, the worlds largest organization of food and nutrition professionals, and mailed bi-monthly to Members and Associates.

10 Weight Loss Tips

- Spend At Least 1 Hour A Day Being Physically Active
- Eat At Least 5 Fruits And Vegetables Everday
- Snack On Health Foods And Not On Junk Food And Sweets
- Drink At Least 8-10 Glasses Of Water A Day
- Eat A Variety Of Nutrient Rich Foods
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Vincent HoSang
Chairman, Caribbean Food Delights

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I am appealing to everyone especially our Caribbean brothers and sisters. I have been asked to purchase a Linear Accelerator Machine for Cornwall Regional Hospital in Montego Bay, Jamaica costing approximately US $5 Million. I met with the Minister of Health, Dr. Fenton Ferguson a few weeks ago. He asked if I can purchase two machines as Kingston needs one also.

If 500,000 people give a one-time donation of $10, we will be closer to our goal.

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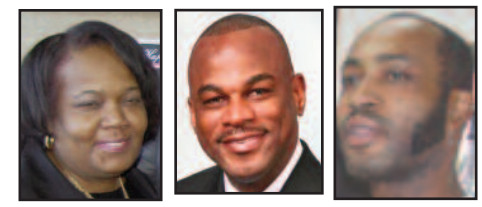

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Awards for Distinguished Women of Great Esteem

By Sharon Gordon
Contributing Writer

The Board of Directors of the distinguished Woman of Great Esteem (WGE) Organization is pleased to announce that the 17th annual staging of the prestigious Women of Great Esteem Emerald Awards will take place at the New York Ritz Carlton at Battery Park, 2 West Street in New York City on Saturday, May 4th 2013 at 7pm.

"We are excited to be hosting our 17th annual Emerald Awards at the Ritz Carlton," says Jamaican born WGE founder, Bishop Sylveta Hamilton-Gonzales, "We've also moved our date from the last Saturday in March to the first Saturday in May." "This year's red carpet affair honors women from Trinidad and Tobago, Bermuda, Dominica, Jamaica and the US," she added and "begins promptly at 7pm with a Champagne Hour followed by the Awards Ceremony and Dinner at 8pm."

The Woman of Great Esteem 2013 honorees represent women who develop and advance their communities without regard for race, ethnicity, religiosity, gender, age or national origin in the areas of education, finance, business and health care.

The 2013 honoree Joyce Gilman will receive the Humanitarian award; Sabrina HoSang, born in the US but identifies as a Jamaican, will receive the Entrepreneur award; Jean Joseph representing the island of Dominica will receive the Finance award; Dr. Duranda Greene, Cheryl Packwood and Gita Blackeney Saltus from the island of Bermuda and will receive the Education, Business and Business/Entertainment award respectively.

JOYCE GILMAN

SABRINA HOSANG

DURANDA GREENE

Bishop Gonzales points out that, "The Emerald Award is a vehicle used for the empowerment of women, honoring them for their relentless efforts to nurture and serve their communities." To date, the organization has honored over 150 women from twenty-seven countries from North America, Africa, Europe, Asia, Bermuda, the Caribbean and Central America.

Honoree, Sabrina HoSang, daughter of Jamaican entrepreneur and Philanthropist, Vincent HoSang, owner of Caribbean Food Delights is the Chief Operating Officer of Caribbean Food Delights and has served in that capacity since 2001. "I am honored to receive this prestigious award and to be considered a Woman of Great Esteem," said Sabrina, "My Mom received the award in 2006 and it shows that I'm following in her footsteps."

The Women of Great Esteem Emerald Award was founded in 1995 by Brooklyn based, Bishop Sylveta Hamilton – Gonzales, as a vision to recognize the increasing contribution of women who have excelled beyond normal expectations in a multi-cultural society. The annual event is a fundraiser for MACADEMY, School of Science and Technology in Brooklyn. Bishop Gonzales has recognized women from around the world in various fields of endeavor from politics to medicine to education.

For further information on the 2013 Woman of Great Esteem Emerald Awards at the New York Ritz Carlton Hotel on Saturday, May 4th please call 718.221.5566 or email qkmacademy@aol.com.

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JAMPACT to launch school supply and toy drive

JAMPACT in partnership with RKM Foundation, kicks-off its annual school Supplies & Toy Drive at Sam's Caribbean Marketplace, 225 Hempstead Turnpike, West Hempstead on Saturday, May 4th.

Come out and donate backpacks, new toys, school supplies, new or gently used books, between 11 am and 5 pm for a chance to win tickets to JAMPACT's C.H.I.C.

Gala on June 29th, or win gift basket of Grace products; gift certificate to Sam's Caribbean Marketplace and more!

All donations will benefit inner-city basic school children ages 3-6 in Jamaica. Drive runs thru August 8th.

For more information and additional drop-off locations, call 718-753-2868 or visit our website at www.JAMPACT.org, Stay tuned to IreJam 93.5 FM for continuing coverage updates on JAMPACT's 2013 Schools Supplies and Toy Drive now thru August 8th!"

For more information on drop-off locations, call (718) 753-2868 or visit our website at www.jampact.org.

STREET CO-NAMING CEREMONY IN HONOR OF MARY PINKETT:
On Tuesday, April 30th, Council Member Mathieu Eugene was joined by Brooklyn Borough President Marty Markowitz, former City Councilmember Archie Spigner, and members of Community Board 9, including Chairman Rabbi Jacob Goldstein and District Manager Pear Miles for a street co-naming ceremony in honor of the late Hon. Mary Pinkett, the first African-American woman elected to the New York City Council. The street co-naming ceremony took place at 11 am on the northeast corner of Washington Avenue and Lincoln Road. A lifelong resident of Brooklyn, Mary Pinkett was elected to the New York City Council in November 1973 and served on that legislative body until term limits ended her tenure at the end of 2001.

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HOSTED BY SHERRY MORGAN
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MUSIC BY: DJ BITTERS & DJ GENIUS
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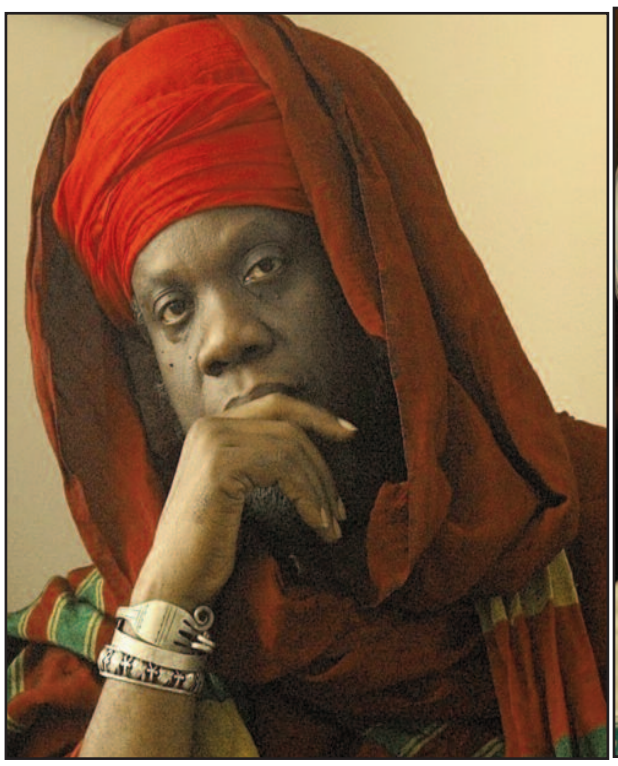

In Celebration of 'Public Secret' Album

'THE FUNNY BUT CONSCIOUS SIDE OF COMEDY AND POETRY'

SAVE THE DATE

Yasus Afari • Mutabaruka • Lemon Gunter • Dian Dixon

in the Bronx

on

SATURDAY, JUNE 15, 2013 • 8:30 PM

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Music by: Richie Poo

Booking and Ticket Information: 914-663-4973

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